



Valerie Harper has a message for women of a certain age: Work those laugh lines! With the irreverence and wit that made her one of television's most beloved personalities, Harper (a.k.a. Rhoda Morgenstern) takes on those phony fabulous at 50 books written by women whose skin is free of laugh lines and who wouldn't know a cellulite pocket if it bit them on the backside. With her trademark shoot-from-the-hip, call-em-like-she-sees-em style, she helps women celebrate, with humor and grace, what it means to be middle aged. Harper's essays explore the treacherous terrain women must travel -- from the tyrannies of fashion to the unmentionables of menopause. She tackles the most perplexing questions of the day: If you wear a size zero, do you exist? Would menopause be revered if it happened to men? Do calories count if you eat standing up? Are dressing rooms fitted with fun house mirrors? Today I Am a Ma'am is the perfect antidote to the youth obsession of our culture, offered by America's most reliable girlfriend. It is Humor Replacement Therapy for midlife women, a book you can pick up whenever you need a laugh or a reminder that midlife drift is not the end of the world.

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for stealing baby beds Jan 18 2016 BLOG 10 0 Man docked for stealing baby beds One Umotu Haruna, has been docked by a Lagos Magistrates court on the Island for breaking into a warehouse and stole 13 pieces of baby beds worth of N200,000. The 22-years old defendant who has no fixed address and occupation pleaded not guilty to a two-count charge of breaking, entry and theft when he appearedâ€¦ BLOG18 JAN Man confess how a commercial bus crushed my friend to death Man confess how a commercial bus crushed my friend to death BLOG21 AUG A Touching Story that will change your Life A Touching Story that will change your Life BLOG21 AUG Womanâ€¢â„¢s Bra Saves her life from Bullet Womans Bra Saves her life from Bullet SPORT FOOD How to Cook Chinese Fried Rice How to Cook Chinese Fried Rice Aug 21 2015 How To Cook Efo Riro How To Cook Efo Riro AUGUST 21, 2015 Italian Pizza Italian Pizza MARCH 2, 2015 How to cook Nigerian Banga Soup (Ofe Akwu) How to cook Nigerian Banga Soup (Ofe Akwu) MARCH 2, 2015 BEAUTY 10 Tips For Growing Long Natural Hair 10 Tips For Growing Long Natural Hair 36 0 0 How do I get my hair to grow? faster? longer? These are all common questions. Before we talk about any hair tips, its important for you to understand that your hair IS GROWING!!!â€¦ Apr 11 2015 Top 10 beauty resolutions Top 10 beauty resolutions MARCH 2, 2015 How to keep wrinkles at bay How to keep wrinkles at bay MARCH 2, 2015 EVENTS PHOTO Yeepeng Sansai lantern festival, Chiang Mai, Thailand Oct 25th, 2015 Yeepeng Sansai lantern festival, Chiang Mai, Thailand Oct 25th, 2015 AUGUST 21, 2015 Singapore Grand Prix, Singapore, Singapore Sep 20th, 2015 Singapore Grand Prix, Singapore, Singapore Sep 20th, 2015 AUGUST 21, 2015 The Cascamorras Festival Granada, Spain Sep 6th, 2015 â€¢â„¢ Sep 9th, 2015 The Cascamorras Festival Granada, Spain Sep 6th, 2015 Sep 9th, 2015 AUGUST 21, 2015 SEE THE OFFICIAL PORTRAITS OF BUHARI AND OSINBAJO BEFORE MAY 29 SEE THE OFFICIAL PORTRAITS OF BUHARI AND OSINBAJO BEFORE MAY 29 MAY 19, 2015 VIDEO Sinach â€¢â„¢ Nothing Is Impossible : Video RADIO Get the Flash Player to see this player. Shoutcast & Icecast Server 1:32 Windows Media PlayerQuickTimeRealPlayerWinamp FASHION CELEBRITIES Top Nigerian Pastor, Joshua Iginla Dashed Zack Orji, Tope Alabi, Other Celebrities 22 Cars Top Nigerian Pastor, Joshua Iginla Dashed Zack Orji, Tope Alabi, Other Celebrities 22 Cars Dele Momodu Prove cousinâ€¢â„¢s child for Davido Dele Momodu Prove cousinâ€¢â„¢s child for Davido T.W.O Launch Their N400m Ikeja Mansion and Fifth Studio Album T.W.O Launch Their N400m Ikeja Mansion and Fifth Studio Album Mike Adenuga clocks 62 Mike Adenuga clocks 62 POPULAR RECENT COMMENT Countries with the Most Beautiful Women in the World Countries with the Most Beautiful Women in the World Cynthia Morgan put her hilarious look on the spot Cynthia Morgan put her hilarious look on the spot Nadia Buari Confirms Birth Of Twins Nadia Buari Confirms Birth Of Twins Celebrities with Fake Breast Celebrities with Fake Breast SEE How Nigerian Sex Workers survive In Italy â€¢â„¢ Pictures SEE How Nigerian Sex Workers survive In Italy Pictures Man docked for stealing baby beds Man docked for stealing baby beds Man confess how a commercial bus crushed my friend to death Man confess how a commercial bus crushed my friend to death A Touching Story that will change your Life A Touching Story that will change your Life Womanâ€¢â„¢s Bra Saves her life from Bullet Womans Bra Saves her life from Bullet See Red wine Swimming pool in japan See Red wine Swimming pool in japan Kidnapers on Rampage Kidnapers on Rampage INTERVIEW: Chadian President Lambaste On How Jonathan And The Military Played Politics With Boko Haram INTERVIEW: Chadian President Lambaste On How Jonathan And The Military Played Politics With Boko Haram RIVERS APC CAMP SHAKES AS GOVERNOR AMAECHIâ€¢â„¢S DEPUTY DECAMPS TO PDP RIVERS APC CAMP SHAKES AS GOVERNOR AMAECHIâ€¢â„¢S DEPUTY DECAMPS TO PDP Indonesia To Execute Four Nigerians On Wednesday Indonesia To Execute Four Nigerians On Wednesday World Bank charge Buhari to probe NNPC, others World Bank charge Buhari to probe NNPC, others Blog radio is a one stop hub for Breaking News, Celebrity Gossip, Entertainment, Fashion, Sport and Online Radio For

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